

# Gluten-Free Fourth of July Menu

**Fully-Prepared so you don't have to shop, cook or do dishes! Go ahead, enjoy your holiday.**

*All menu items are gluten-free! Many vegan & vegetarian options while still satisfying the carnivores. That's what we're all about, because balance.*

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## Apps

Strawberry Salsa  
Creamy White Bean & Herb Dip  
Spicy Korean-Style Gochujang Meatballs  
Beth Bakes Assorted Crackers for Dips or Cheese Board

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## Mains

Kentucky Whiskey-Glazed Pork Ribs  
Southern Style BBQ Pulled Chicken  
Grillable Vegan Black Bean Burgers

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## Sides

Vegan Boston Baked Beans  
Vegan Shirazi Salad  
Kale & Broccoli Coleslaw  
Red, White and Blue Potato Salad  
Vegan & Gluten-Free Corn Bread  
Pint Creamy Dill Dressing for Salad

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## Desserts

Vegan Strawberry Crumb Bars  
Bittersweet Chocolate Teff Flour Brownies  
Beth Bakes Chocolate Sea Salt Cookie

