



Apps

Zucchini Fritters with Coriander Yogurt Sauce

Goat Cheese & Herb Stuffed Mushroom

Cool Ranch & Kale Dip with Pitas

Artichoke & Spinach Dip Phyllo Bites

Mediterranean Hummus Phyllo Bites

Caprese Skewers with Balsamic Glaze

Maple-Sesame Cauliflower Bites

Teriyaki Tempeh Meatballs

Charred Miso Brussel Sprouts, Peanuts, Scallions, & Lime

Caprese Portobello Mushrooms with Fresh Mozzarella, Tomato & Basil

Veggie Crudites

Pumpkin Hummus

Sweet Potato Hummus

Carrot Hummus

Beet Hummus with Blue Cheese and Walnuts

Spicy Moroccan Carrot Dip

Roasted Garlic & Artichoke Hummus

Artichoke & Sun-Dried Tomato Hummus

Green Goddess Hummus

Roasted Red Pepper Hummus

Walnut and Mushroom Pate

Feta Jalapeño Poppers

Baba Ghanoush and Pitas
Persian Greens Dip with Chickpeas & Pit

Mains

Falafels with Cucumber Tzatziki Sauce
Mediterranean Veggie Kabobs (can add tempeh?)
Vegan Black Bean Burger
Broccoli Rabe & Cauliflower Buddha Bowls with Crispy Potatoes, Quinoa & Cilantro Tahini Sauce
Vegetarian Mushroom, Kale, and Quinoa Enchiladas
Sesame Soba Noodles with Cabbage and Tempeh Croutons
Peanut & Lemongrass Tempeh Satay Kabobs with Grilled Veggies
Garlic Scape Pesto Tempeh over Roasted Ratatouille
Singapore Noodles with Veggies and Tofu
Everything Bagel Tofu
Curry Tofu Salad with Topping Salads or making Sandwiches

Sides

Kiwi and Fet Salad
Quinoa Tabbouleh
Smoky Sweet Potatoes with Black Beans & Corn
Marinated Shirazi Salad
Smashed Buttermilk Potato Salad
Kale and Broccoli Coleslaw